


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>My Father's RANCH</i></p> <p><b>“Try to Remember the Time in September When Life was Slow and Oh so...”</b> 2011</p>			<p>LABOR DAY</p> 	<p>1</p> <p><b>Flower: Aster</b></p> 	<p>2</p> <p><b>9a Library, Bashas &amp; Beyond</b></p> <p><b>2:30p Easy-cise</b></p> <p>5:30p Buffet</p>	<p>3</p> <p><b>9a Coffee &amp; Donuts</b> Free in Clubhouse 12:45p Scrabble Club <b>10a FREE</b> Blood Pressure Check <b>FYI - Fiesta DOWNTOWN</b></p>
4	5	6	7	8	9	10
<p><b>3p Hymn Sing</b> 1<sup>st</sup> Presbyterian Church-Communion</p> 	<p><b>10a Women's Bible Study</b></p>  <p><b>HOLIDAY</b> banks closed <b>LABOR DAY</b></p>	<p>****</p>  <p><b>1p ALCO, Safeway &amp; Beyond</b></p>	<p>9-3p Salon Services</p> <p><b>2:30p Easy-cise</b></p> <p>5:30p Buffet</p>	<p><b>LUNCH BUNCH 11:15</b></p> <p><i>Tumbleweeds</i></p>	<p><b>9a Library, Bashas &amp; Beyond</b></p> <p><b>2:30p Easy-cise</b></p> <p>5:30p Buffet</p>	<p><b>9a Coffee &amp; Donuts</b> 12:45p Scrabble Club</p>  <p><b>FYI-Beth Moore</b></p>
11	12	13	14	15	16	17
<p><b>1pm Clubhouse Movie Matinee</b> “Apollo 13”</p> 	<p><b>10a Women's Bible Study</b></p>  <p><b>1p ALCO, Safeway &amp; Beyond</b></p>	 <p><b>5:30p Happy B-Day September Babies !!!</b></p>	<p>9-3p Salon Services <b>12:45 Resident Mtg</b></p> <p><b>2:30p Easy-cise</b></p> <p>5:30 Buffet</p>	<p><b>1p Bingo</b></p> <p><b>BINGO</b></p>	<p><b>9a Library, Bashas &amp; Beyond</b></p> <p><b>2:30p Easy-cise</b></p> <p>5:30p Buffet</p>	<p><b>9a Coffee &amp; Donuts</b> 12:45p Scrabble Club</p> 
18	19	20	21	22	23	24
<p><b>2:15 Wickenburg Theatre “The Help”</b></p> <p><b>3p Hymn Sing</b> 1<sup>st</sup> Southern Baptist</p>	<p><b>10a Women's Bible Study</b></p>  <p><b>1p ALCO, Safeway &amp; Beyond</b></p>	<p><b>1pm Clubhouse Movie Matinee</b> “An Affair to Remember”</p> 	<p>9-3p Salon Services</p> <p><b>2:30p Easy-cise</b></p> <p>5:30 Buffet</p>	<p><b>LUNCH BUNCH 11:15</b></p> <p><b>GOLD NUGGET</b></p>	<p><b>9a Library, Bashas &amp; Beyond</b></p> <p><b>2:30p Easy-cise</b></p> <p>5:30p Buffet</p>	<p><b>Every Saturday</b> <b>9a Coffee &amp; Donuts</b> Free in Clubhouse 12:45p Scrabble Club</p>
25	26	27	28	29	30	
<p><b>3p Hymn Sing</b> Berean Mennonites</p> 	<p><b>10a Women's Bible Study</b></p>  <p><b>1p ALCO, Safeway &amp; Beyond</b></p>	<p><b>10a Library and Taco Bell</b></p> 	<p>9-3p Salon Services</p> <p><b>2:30p Easy-cise</b></p> <p>5:30 Buffet</p>	<p><b>1p Bingo</b></p> <p><b>BINGO For Fun</b></p>	<p><b>9a Library, Bashas &amp; Beyond</b></p> <p><b>2:30p Easy-cise</b></p> <p>5:30p Buffet</p>	<p><b>Birthstone: Sapphire</b></p> <p><b>Meaning: Love, Faith, Wisdom</b></p> <p><b>Symbol: Valor</b></p>

# My Father's RANCH – your Retirement Community

\*September 2011 EVENTS \* SIGN UP for these future Events or call the Receptionist at 684-5925

**Open invitation to Bring along your Friends to participate in your favorite Activities!**

NOTE – All times indicate scheduled departure. Feel free to ask about the description of the Event, applicable fees and event times

Date	Day	Time	SEPTEMBER ACTIVITIES
5	Mon	5:30	<b>CELEBRATE LABOR DAY</b>
6	Tue	1pm	<b>Bus to ALCO, Safeway &amp; Beyond today Tuesday due to Labor Day Holiday on Monday</b>
8	Thu	11:15a	<b>Lunch Bunch going to Tumbleweeds Restaurant - Wickenburg</b>
11	Sun	1pm	<b>Movie Matinee at the Clubhouse. Gather with friends to enjoy popcorn and a movie! “Apollo 13”</b>
13	Tue	5:30	<b>Celebrating the month of SEPTEMBER Birthdays !!! Ice cream and cake after supper.</b>
14	Wed	12:45p	<b>Resident Meeting</b>
15	Thur	1pm	<b>Bingo hosted by the Ranch in the Dining Room from 1p-2p. Come join in at any time for a game or two...or more!</b>
20	Tue	1pm	<b>Movie Matinee at the Clubhouse. Gather with friends to enjoy popcorn and a movie! “An Affair to Remember”</b>
22	Thur	11am	<b>Lunch Bunch: going to Gold Nugget- Wickenburg</b>
27	Tue	10am	<b>Spend some extra time at the Library followed by lunch at Taco Bell</b>
29	Thur	1pm	<b>Bingo for Fun</b>

**\*\*\*Clubhouse is open for your enjoyment!**

Perhaps watch a Movie Matinee or invite friends from town to come play Cards, such as Bridge, Cribbage etc. Let the games begin!

FYI -FOR YOUR INFORMATION Events happening in Wickenburg you may enjoy on your own or with friends!		
3	Sat	<b>Fiesta de Septiembre - downtown from 11am- 6pm – see flyer or call 684-5479</b>
10	Sat	<b>Calvary Baptist simulcast- BETH MOORE from 9am-4pm – see flyer or call 684-7373</b>

Day	Time	WEEKLY ACTIVITIES
Sun	3p	<b>Hymn Sing :</b> local choral groups alternate Sundays to lift our spirits with song and laughter in our Courtyard Dining Room
Mon *	10a	<b>Women’s Bible Study:</b> Diane McKay invites all ladies for a little Bible study and prayer time, which equals a whole lot of fellowship!
Mon	1p	<b>ALCO, Safeway &amp; Beyond:</b> ALCO offers a variety of groceries, craft supplies, clothing, shoes, hardware, toys, gifts and more! Don’t miss the bus on this great deal and be sure to ask for your 15% senior discount at checkout every Monday!
Wed	930a – 3p 2:30p 5:30p	<b>Malakie’s Salon:</b> call 684-5925 to schedule an appointment. Walk-ins accommodated when possible. Services for men and women are available: wash, set, color, perm, beards, manicures, pedicures & more! <b>Easy-cise:</b> You will find this easy exercise makes a difference in your strength, endurance, and in making daily tasks easier for you. Join the fun every Wednesday and Friday and feel the difference!!! (in the Dining Room area) <b>Buffet:</b> generally it is Breakfast items – we will announce the menu as the day approaches
Fri	9a 2:30p 5:30p	<b>Bashas &amp; Beyond:</b> Take advantage of this trip to town and take care of those little odds-n-ends. Stop at Ace Hardware, Wells Fargo or request to stop by the Public Library for a bit. Just let the driver know where you want to go! <b>Easy-cise:</b> Join the fun and you will find it makes a difference in your strength, endurance, and in making daily tasks easier for you. Join the fn every Wednesday and Friday and feel the difference!!! (in the Dining Room area) <b>Buffet:</b> this continues to be a favorite night for many! Alternating dish styles- Pizza, Mexican, German, Italian etc
Sat	9a 12:45p	<b>Coffee &amp; Donuts:</b> relax over a cup of coffee with your friends at the Clubhouse! <b>Scrabble Club:</b> Yes, it’s fun and did you know it’s good for your brain? Join in the fun after lunch. <b>Blood Pressure Check:</b> is FREE every 1 <sup>st</sup> Saturday of the month at 10am in our Main Lodge